



## **WHAT IS PATIENT CENTERED MEDICAL HOME**

Patient Centered Medical Home (PCMH) is a program that Bland County Medical Clinic is using to improve primary care. This program includes a set of standards that help provide better-organized care for our patients.

PCMH requires a partnership be made between our patients, their provider, and when appropriate, their family. Providing quality care will be achieved by using an extended team of health professionals to build a better relationship with our patients. Your team will include a provider, a nurse, a patient care coordinator and other healthcare professionals.

Your healthcare team will build this relationship, with you and your family, so that they are able to stay more informed about your medical history, family situations and healthcare issues. In turn, you come to trust and rely on them for expert health care answers.



## **YOUR ROLE IN PATIENT CENTERED MEDICAL HOME**

### Participate in Your Care

- You are the most importance member of the medical home team
- Learn about your medical conditions and how to stay as healthy as possible
- Follow the care plan agreed upon by you and your medical team

### Work with Your Medical Team

- Bring a list of medication that you are taking and any questions that you may have about your health care with you at each visit
- If you are seeing another provider for any of your healthcare needs, notify your team so that they can coordinate your care
- If you don't understand something that is discussed at your appointment, ask a member from your team to explain it in a different way so that you can better understand