

any of your healthcare needs, notify your team so that they can coordinate your care.

- If you don't understand something that is discussed at your appointment, ask a member from your team to explain it in a different way so that you can better understand.

Healthy Neighborhood Health Plan

We offer discounted medical services (sliding fee) known as the Healthy Neighborhood Health Plan and is sponsored by the Bureau of Primary Healthcare. This plan is income based on family size with a co-pay fee. A fee is charged for labs, x-rays, bone density and ultrasound/echo. **Your co-pay is due at time of visit.** Please check with our staff to complete the application.

Please bring your medication bottles (prescription and over-the-counter) with you, your co-pay and your current insurance cards. We must have a copy for billing & referrals.

**New Patients and
Walk-ins Welcome!!**

Mission Statement

The mission of the Bland County Medical Clinic, is to deliver quality patient care to the community, as well as those outside the community, regardless of their ability to pay. We will focus on continuity of care with proper follow-up. Prevention and health promotion as well as restoration of health will be our main emphasis.

On Call

The BCMC has a 24 hour 7 day a week answering service that will contact the Provider on call in the event they are needed. If you have an Emergency, go to the nearest Emergency Room.

Answering Service After Hours

276-688-4331

PAYMENT IS DUE AT TIME OF SERVICE

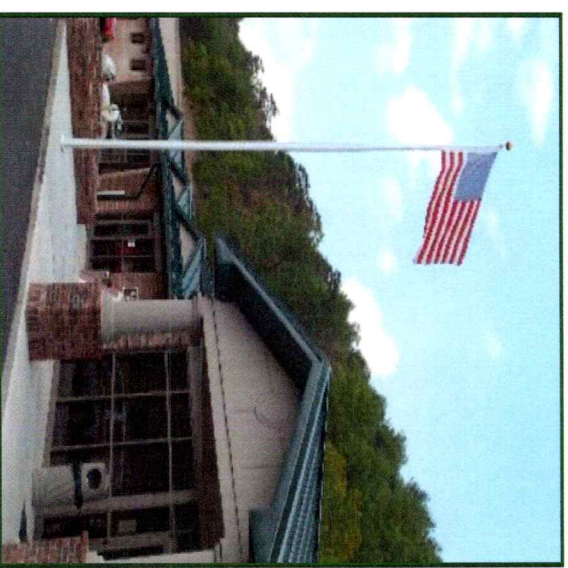
Hours of Operation

Monday 8:00 am- 6:00 pm
Tuesday 8:00 am- 8:00 pm
Wednesday 8:00 am- 8:00 pm
Thursday 8:00 am- 8:00 pm
Friday 8:00 am- 5:00 pm



**Bland County
Medical Clinic**

**12301 Grapefield Road
Bastian, VA 24314
276-688-4331
276-688-4336 Fax
www.blandclinic.com**



**Patient
Information
Brochure**

Services Offered/Staff

The Bland County Medical Clinic has been serving patients since 1979. We offer Primary Care Services, Pediatrics, Minor Surgery, Minor Emergency, Labs, Digital X-Rays, EKG's, Bone Density, Ultrasound/Echo, Immunizations, Family Planning, Women's Health, Wellness Screening, Patient Teaching, Enrollment and Outreach, Telemedicine and Medication Assistance. The providers include Physicians: Dr. John Turski and Dr. Matthew Delacona. Nurse Practitioners: Debbie Croy, Jennifer Armstrong, Sharon Cecil, Mary Jo Collie, Allison Grimmer, Michelle McCarty, Lynn Patton, Anna Pettrey, Samantha Richardson, Tia Sexton and Angela Stroupe.

Integrated Behavioral Health

At Bland County Medical Clinic, the behavioral aspects of healthcare are an essential part of medical treatment. Mental health professionals, including a doctor level psychologist with expertise in clinical psychology and health psychology working as part of our team to address psychological factors which impact health or the outcome of medical treatment and a licensed clinical social worker (LCSW). These include medical problems that are created or made worse by stress (e.g. headaches and gastrointestinal problems) and lifestyle factors that limit the effectiveness of

medical treatment such as diet, exercise, A broad range of mental health services.

Medication Program

The BCMC offers a medication assistance program for patients. This program is for patients that do not have prescription coverage with eligibility based on yearly income and family size. If you meet the criteria, the medications are free. Not all medications are available through this service. Contact Gabby Bailey at 276-688-0441.

Patient Centered Medical Home

What is Patient Centered Medical

Home?

Patient Centered Medical Home (PCMH) is a program that Bland County Medical Clinic is using to improve patient experience as well as patient outcomes. This program includes a set of standards that help provide better organized care for our patients. Increasing access to your healthcare team is a primary goal of the PCMH experience.

PCMH required a partnership between our patients, their provider, and when appropriate, their family. Providing quality care will be achieved by using an extended team of health professionals to build a better relationship with our patients. Your team will include a provider, a nurse, a care coordinator and other healthcare professionals. Your healthcare team will build this relationship with you and your family, so that they are able to stay more informed about your medical history, family situations and healthcare issues. In turn, you come to trust and rely on them for expert healthcare answers.

Your Role in Patient Centered

Medical Home

Participate in Your Care

- You are the most important member of the medical home team
- Learn about your medical conditions and how to stay as healthy as possible
- Follow the care plan agreed upon by you and your medical team

Work with Your Medical Team

- Bring a list of all medication (prescription and over-the-counter) that you are taking and any questions that you may have about your healthcare with you at each visit.
- If you are seeing another provider for